

SUMMER PARENT TRAINING GROUP



Description: This group will provide training on skills and strategies for parents who are feeling frustrated and unsuccessful in their efforts to manage their child's challenging behavior.

What: This is a four week program during the month of August, with weekly 2 hour sessions. Specific day and time will be finalized based on participant availability.

RUTGERS

Graduate School of Applied
and Professional Psychology

Anxiety Disorders Clinic

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Who: Parents of children who exhibit excessive tantrum behavior, challenges in managing their emotions, and difficulties with compliance. This group may be helpful for parents of children/adolescents with Autism Spectrum Disorders and Oppositional Defiant Disorder, but is not limited. *Call to schedule a phone screening that will help us to determine if this group may be right for you!*

Cost of the Program: \$400